

General  
Balance

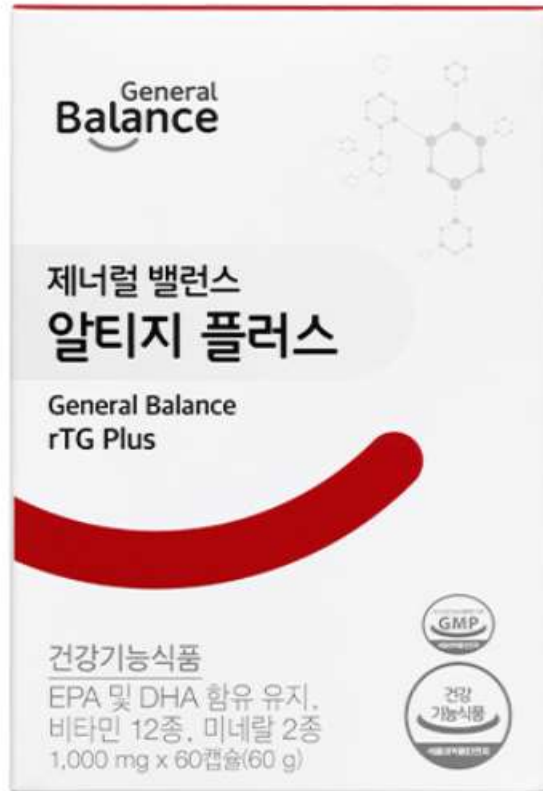
Get 15 combined functions at once!

# General Balance RTG Plus

General Balance r-TG Plus

Easily manage your basic health, vitality, blood circulation, and eye health !





# General Balance RTG Plus

## Product Features

- 1 Omega-3\* + Vitamin + Mineral Complex Functional Product
- 2 Contains 900mg of Omega-3 for blood circulation health and dry eyes
- 3 r-TG Omega-3 raw materials used
- 4 12 types of vitamins and 2 types of minerals all at once!
- 5 Individual packaging for enhanced stability and portability!

\* Omega-3: Oil containing EPA and DHA

# Product Features

KEY POINT

1

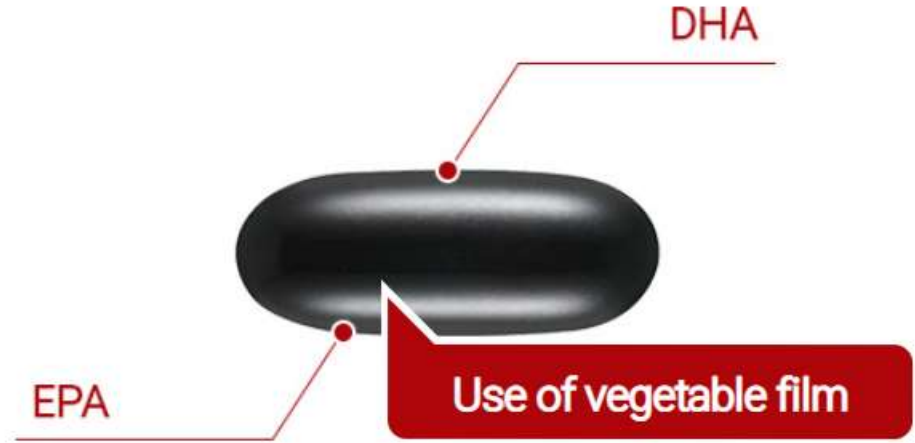
## Omega-3\* + Vitamin + Mineral Complex Functional Product



\* Omega-3: Oil containing EPA and DHA

2

# Contains 900mg of Omega-3 (EPA and DHA-containing oil) for blood circulation health and dry eyes



**EPA**

May help improve blood triglyceride levels and blood circulation

**DHA**

Major components that make up the brain, nervous tissue, and retinal tissue of the eye



[It is a food source for raw materials]

## Why should you take Omega-3s ?

Omega-3 is a healthy unsaturated fatty acid that is a major component of the brain, nervous tissue, and the retina of the eye.

\*\*\*

EPA and DHA, the representative functional ingredients,  
each have different roles, so it is important to consume them both in a balanced way!

\* Omega-3: Oil containing EPA and DHA

### Functionality of EPA and DHA-containing oils



Improvement of blood  
triglycerides



blood circulation  
improvement



Memory improvement



help improve eye  
health by alleviating  
dry eyes.

# Results of human clinical trials on functional ingredients containing EPA and DHA

Of the 64 subjects with dry eyes, excluding the 31 subjects in the non-intake (placebo) group, the remaining 33 subjects were given 600 mg of oil containing EPA and DHA daily for 30 days.

Increase in tear film retention time

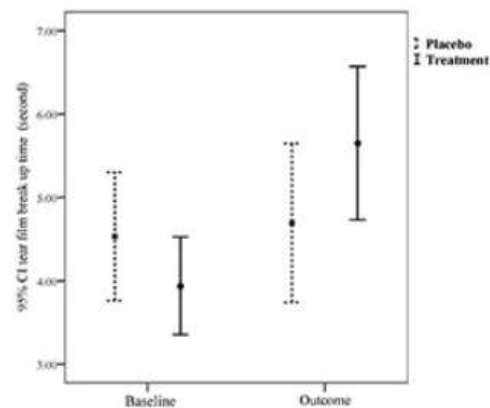


Figure 1. Comparison of mean and 95% confidence interval (CI) of tear break-up time in the treatment and placebo groups before (baseline) and after the intervention (outcome).

Increase in tear production

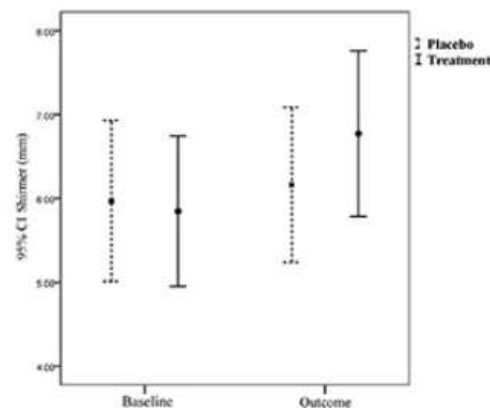


Figure 3. Comparison of mean and 95% confidence interval (CI) of Schirmer's readings in the treatment and placebo groups before (baseline) and after the intervention (outcome).

Decrease in ocular surface index

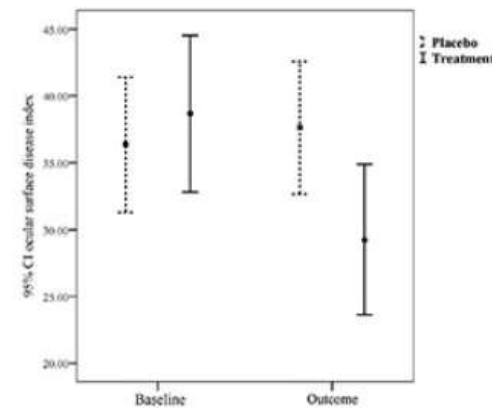


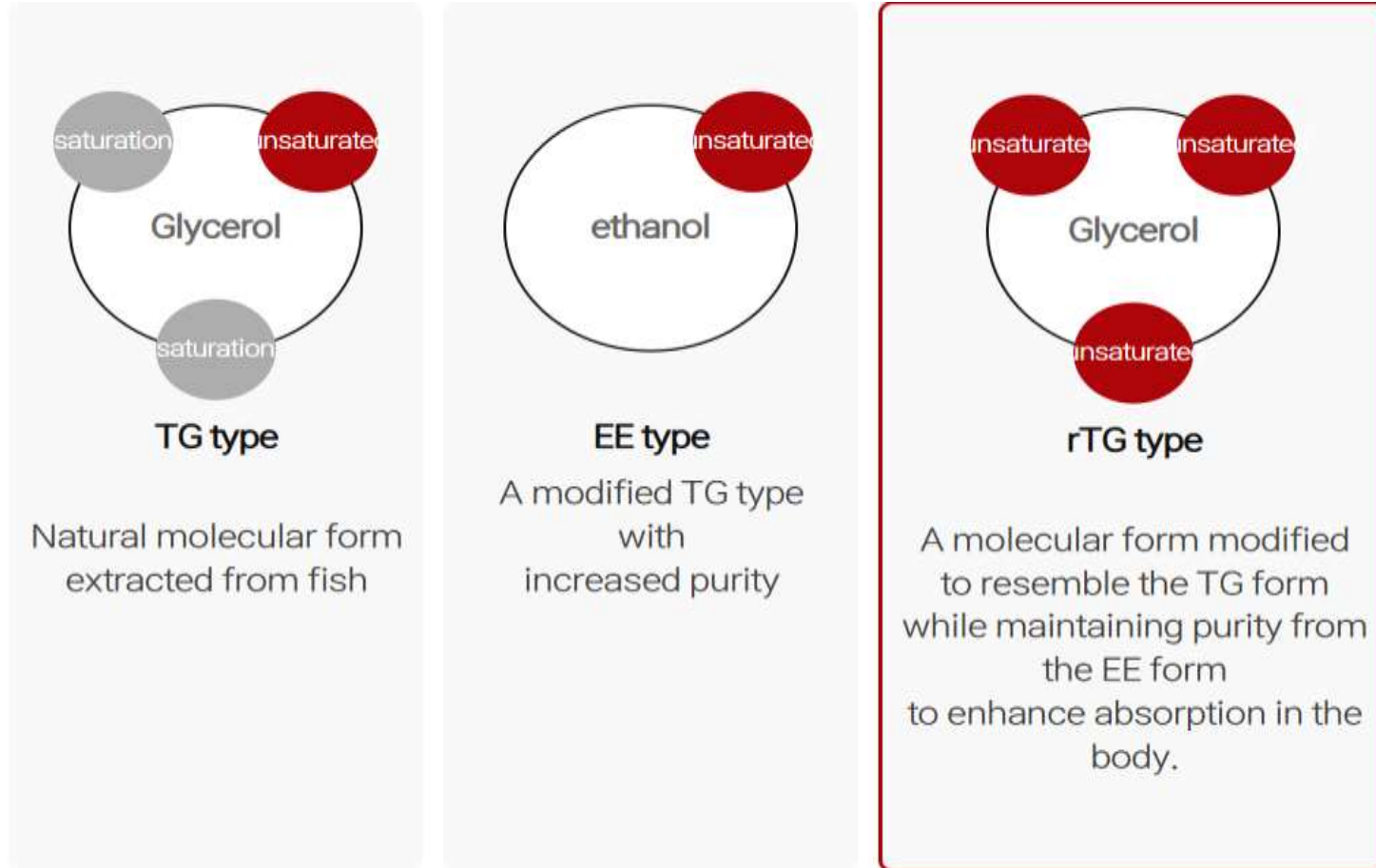
Figure 2. Comparison of mean and 95% confidence interval (CI) of Ocular Surface Disease Index in the treatment and placebo groups before (baseline) and after the intervention (outcome).

Source: Short-term Consumption of Oral Omega-3 and Dry Eye Syndrome 120(11), 2191-6(2013)

\* Results of human clinical trials do not apply equally to everyone.

# rTG type that is easily absorbed and utilized by the body

Saturated fatty acids and impurities were removed, and unsaturated fatty acids were combined to increase the body's absorption rate and bioavailability.



# 12 types of vitamins and 2 types of minerals all at once!

## Vitamin A

Necessary for visual adaptation in dark places; necessary for forming and maintaining the function of skin and mucous membranes; necessary for the growth and development of epithelial cells.

## Vitamin B1

Necessary for carbohydrate and energy metabolism

## Vitamin B6

Necessary for the utilization of protein and amino acids, and necessary to maintain normal blood homocysteine levels.

## Vitamin B12

Necessary for normal folic acid metabolism

## Vitamin C

Necessary for the formation and maintenance of connective tissue; necessary for iron absorption; necessary for protecting cells from free radicals through antioxidant action.

## Vitamin D

Necessary for the absorption and utilization of calcium and phosphorus, and for the formation and maintenance of bones. Helps reduce the risk of osteoporosis.

### Vitamin E

It is necessary to protect cells from free radicals by performing antioxidant functions.

### Niacin, Vitamin B2

Necessary for energy production in the body

### folic acid

Necessary for cell and blood production; necessary for the normal development of the fetal neural tube; necessary to maintain normal blood homocysteine levels.

### Pantothenic acid, biotin

Necessary for fat, carbohydrate, and protein metabolism and energy production

### selenium

Necessary to protect cells from free radicals

### zinc

Necessary for normal immune function

Necessary for normal cell division

# Individual packaging for increased stability and portability!

Blocks air to minimize product oxidation and prevent contamination, and protects the product from external impacts.



# Contains auxiliary ingredient

## **Haematococcus extract**

Hematococcus  
is a type of microalgae obtained from aquatic animals, such as fish and crustaceans that inhabit the Arctic regions.

[Limited to description of ingredients]

# Recommended for

RECOMMENDED TARGET



- Those who need improved blood circulation
- Those who wish to improve their health
- For those who are worried about poor blood circulation
- People with irregular eating habits
- Office workers who frequently consume meat
- For those who want to start their day energetically



## General Balance

General Balance is a healthy habit that restores internal balance to modern people with irregular lifestyles.

We aim to restore health balance from the disrupted lifestyles of modern people caused by stress, nutritional imbalances, and environmental pollution, and promote health not only in Korea but also worldwide with products that have been verified for both functionality and safety.